

# COVID TESTING DURING THE CURRENT OMICRON SURGE



**California Consortium**  
**for Urban Indian Health**

**January 2022**

# WHY TEST?

EARLY DATA SUGGESTS THE OMICRON VARIANT OF COVID-19 TO BE **MORE TRANSMISSIBLE** THAN PREVIOUS VARIANTS, BUT HAS ALSO SUGGESTED THAT OMICRON CAUSES A **LESS SEVERE COVID INFECTION**.

THOSE WITH AN OMICRON INFECTION MAY BELIEVE THEIR SYMPTOMS TO BE A COMMON COLD OR THE ANNUAL FLU, AND MAY BE **UNAWARE OF THEIR COVID-POSITIVE STATUS** WHEN INTERACTING IN PUBLIC.



FREQUENT TESTING IS VITAL TO PREVENT OMICRON TRANSMISSION WITHIN COMMUNITIES.

**If you or a loved one feels ANY symptom of COVID-19, testing is the safest option!**

# SYMPTOMS OF OMICRON INFECTION

EARLY DATA SUGGESTS SYMPTOMS OF OMICRON  
AND PREVIOUS VARIANTS ARE SIMILAR,  
INCLUDING BUT NOT LIMITED TO:

MUSCLE PAIN

FATIGUE AND HEADACHE

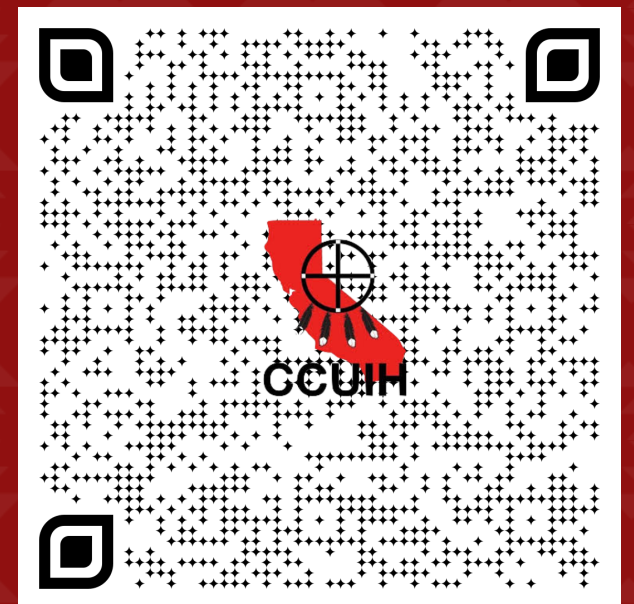
FEVER

RUNNY OR STUFFY NOSE

SORE THROAT

UNSURE ABOUT YOUR SYMPTOMS?

SCAN THIS QR CODE AND ANSWER THIS  
ANONYMOUS CDC QUESTIONNAIRE TO  
RECEIVE FURTHER GUIDANCE ON  
TESTING AND ISOLATING:

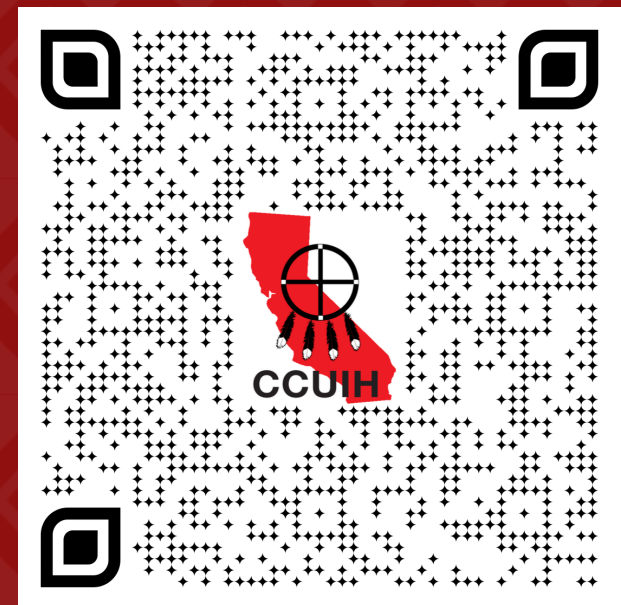




# FINDING A TEST

UNFORTUNATELY, COVID TESTING IS IN HIGH DEMAND AND WAIT TIMES FOR TESTS CAN BE DISCOURAGING. IF POSSIBLE, SCHEDULE AN APPOINTMENT IN ADVANCE AND BE PREPARED FOR EXTENDED WAITING PERIODS.

**SCAN THIS QR CODE TO FIND  
YOUR NEAREST TESTING SITE:**



## AT HOME TESTS

UNDER A NEW FEDERAL POLICY, HEALTH INSURANCE WILL BE REQUIRED TO COVER THE COST OF ANY FDA APPROVED OVER-THE-COUNTER COVID TEST. THIS POLICY APPLIES TO EIGHT AT-HOME TESTS PER INDIVIDUAL PER MONTH.