

# **SAFELY RETURNING TO THE COMMUNITY AFTER A COVID-19 INFECTION**





IN ORDER TO SAFELY SEE OTHERS AFTER HAVING  
**SYMPTOMATIC COVID**  
MAKE SURE ALL OF THE FOLLOWING CRITERIA ARE MET:

**1) 10 DAYS HAVE PASSED SINCE SYMPTOMS FIRST APPEARED**

**2) 24 HOURS HAVE PASSED WITH NO FEVER**  
(WITHOUT THE USE OF FEVER MEDICATIONS)

**3) OTHER COVID-19 SYMPTOMS ARE IMPROVING\***

\*LOSS OF TASTE AND SMELL MAY PERSIST FOR WEEKS OR MONTHS  
AFTER RECOVERY, AND NEED NOT DELAY THE END OF ISOLATION



IN ORDER TO SAFELY SEE OTHERS AFTER HAVING  
**ASYMPTOMATIC COVID**  
THE CDC RECOMMENDS

- 1) **ISOLATING FOR 5 DAYS**
- 2) **WEARING A MASK AROUND OTHERS  
FOR THE FOLLOWING 5 DAYS**

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**For More  
Vulnerable  
Communities**

For communities such as the AIAN population, we **recommend** following the **safest practices**—the same criteria listed for symptomatic covid on the previous slide.

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IF YOU ARE SUFFERING FROM  
**SEVERE COVID**  
OR YOU ARE  
**IMMUNOCOMPROMISED**

You may need **more time to completely recover**. Consult with your healthcare provider about when you can resume being around others.