Stigmatizing Language no longer used

You can reduce stigma, and help save lives, just by changing your language.

Instead of saying this...

Try this.





Substance "ABUSE"



Substance "USE" or "MISUSE"

"ADDICT"



"Person with substance use disorder" or "People who use drugs"

"DRUG-SEEKING"



"RELIEF-SEEKING"

"Needle exchange"



"Syringe exchange"
(Essential aspect of harm reduction)

Use PEOPLE FIRST language: "People with diabetes", "A person with schizophrenia", "People who use drugs", "A person with alcohol use disorder."

