

Reducing the Spread of COVID-19 **Indoors**



**GOOD INDOOR
VENTILATION CAN HELP
REDUCE THE SPREAD
OF COVID-19**

Sept. 2021

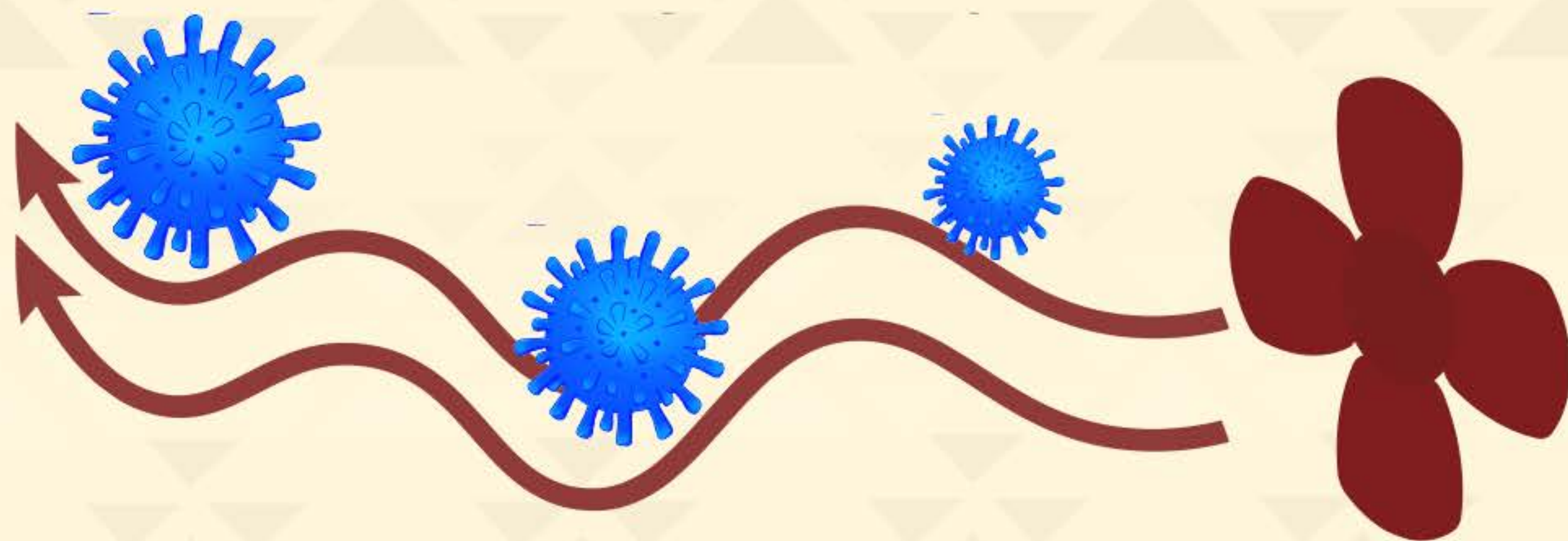
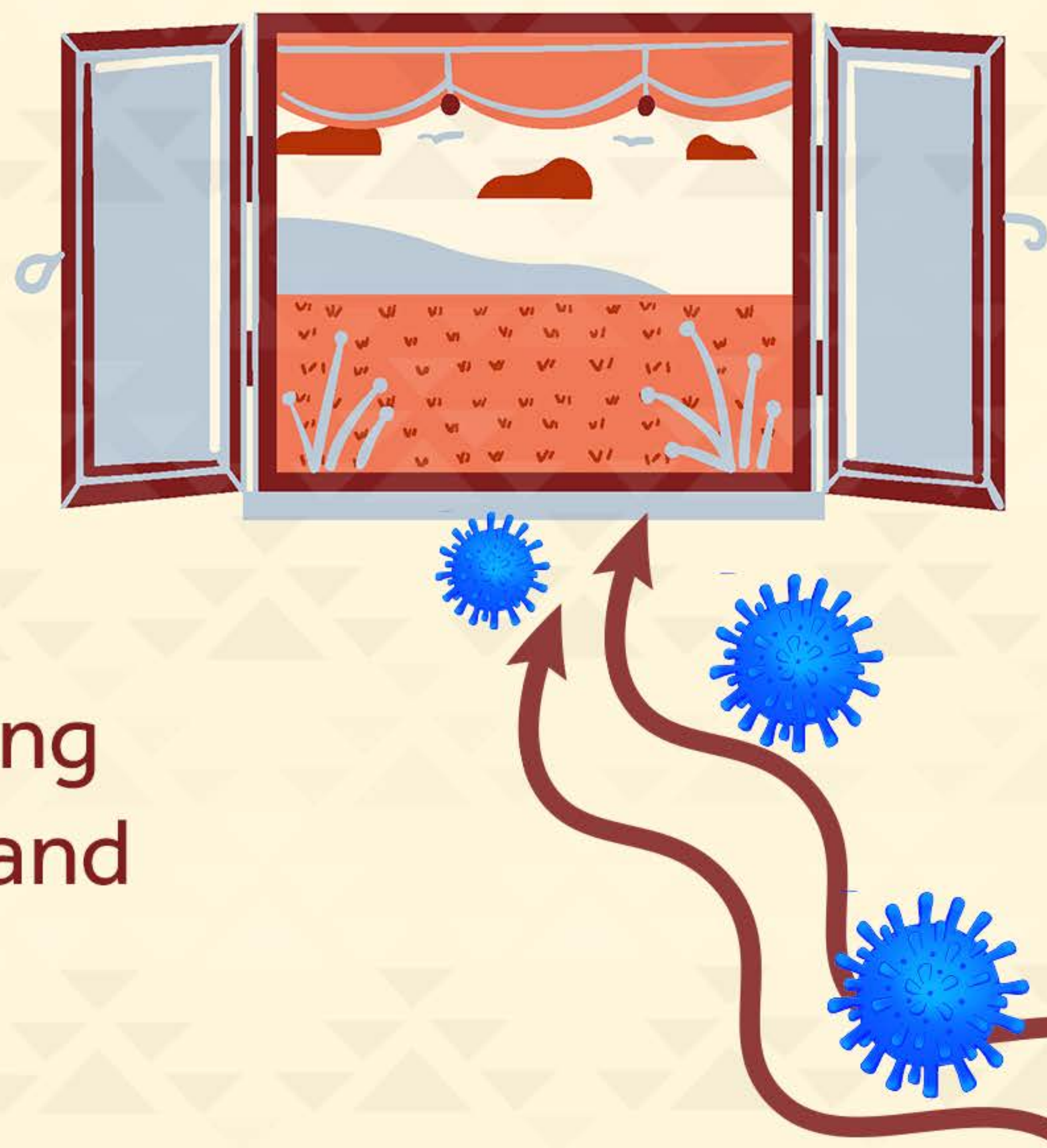


California Consortium
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OPEN DOORS AND WINDOWS

Increase fresh outdoor air by opening windows and doors when weather and air quality conditions allow.



TURN ON FANS

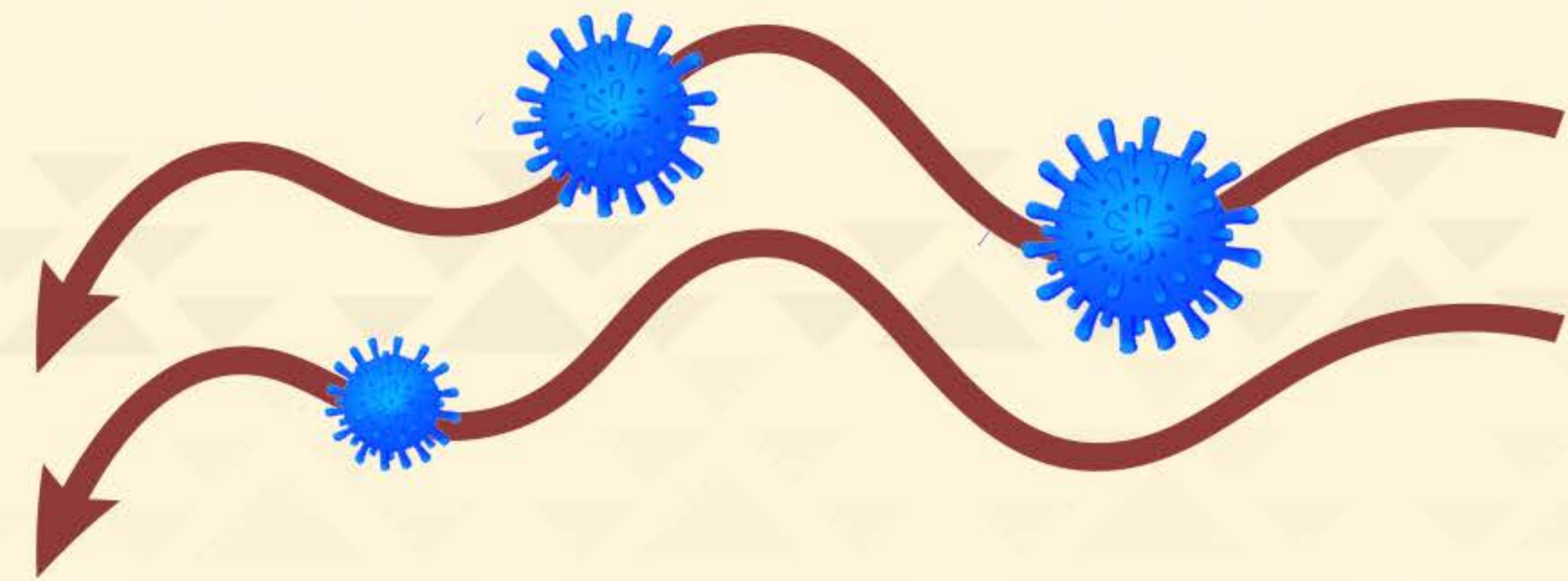
Use fans to increase the effectiveness of open windows. Position fans securely and carefully in or near windows and **orient them so that air does not blow from one person to another.**

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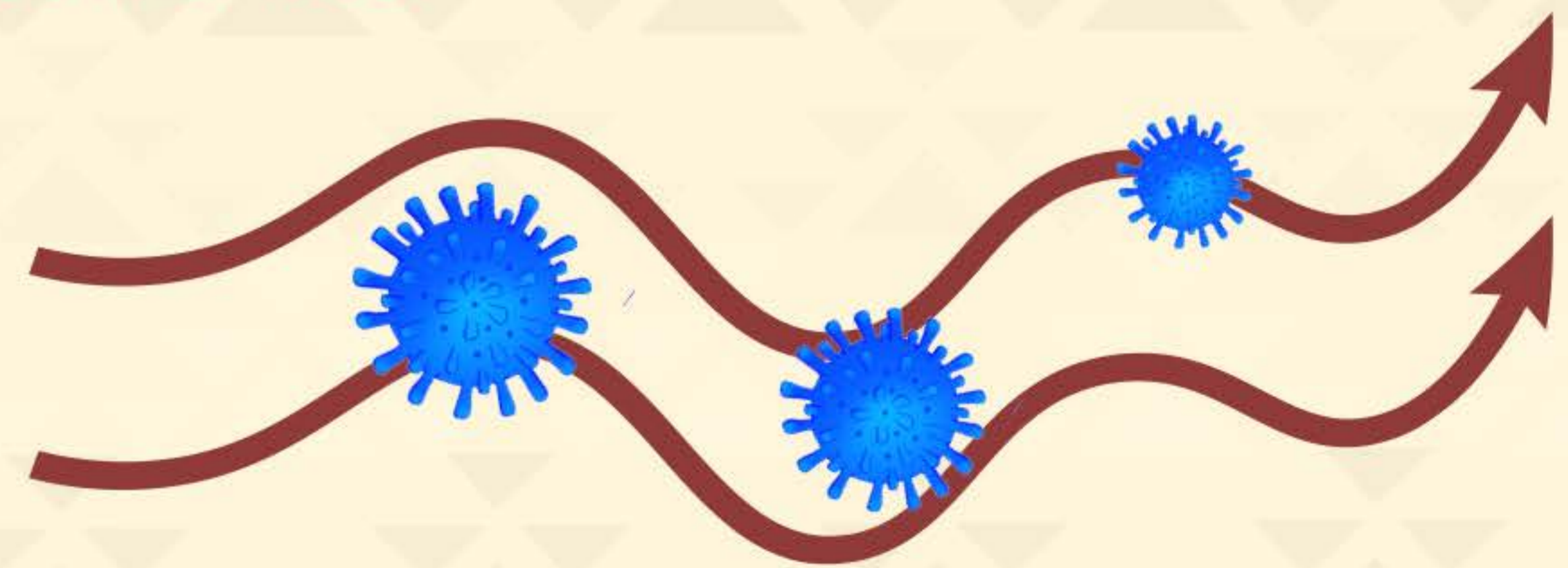


**RUN HEATING OR
AIR CONDITIONING**

If you have a heating and air system, keep it running at full capacity as often as possible. Set the system's fan to **ON** instead of **AUTO** to continuously circulate air through its filters.

Install high-quality air filters, MERV 13 or greater are best if your system can handle it. Also, keep up with routine maintenance.

**USE PORTABLE
AIR CLEANERS**



Use portable air cleaners to **improve air filtration** inside your home. Choose a cleaner that is the right size for your space, and **multiple purifiers as needed** for a large space. **Place the air cleaner toward the center of your space**, close to where people gather.

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Use These Tips Along With Other Protections

Ventilation and other indoor air quality improvements are an addition to, and **not a replacement for recommended protections:**

Wearing a face covering

Maintaining six feet of distance between
people washing hands frequently

Limiting activities that bring together
people from different households

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